



# BUR-DEL Anniversary Newsletter

95 Graham Street, Ayr (prior to renovation)



1987

Butterfly Lodge, 114-118 Cameron Street, Ayr



2011

95 Graham Street, Ayr (renovated)



2015

Bur-Del Early Education Transition Support Centre  
110-112 MacMillan Street, Ayr



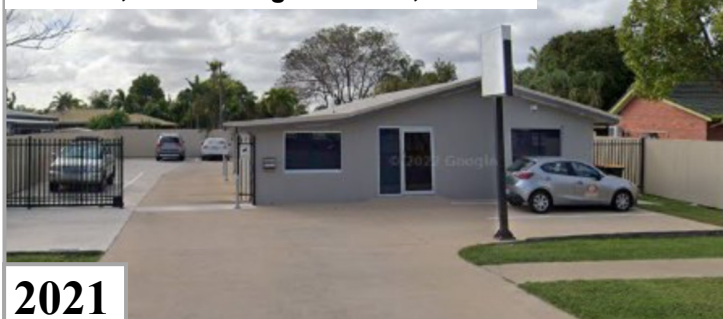
2015

Bur-Del, Administration, 72 Wickham Street, Ayr



2021

Bur-Del, 141 Thuringowa Drive, Kirwan



2021

Burdekin Delta Diner, 145 Queen Street, Ayr



2025

Bur-Del, Eighth Avenue, Home Hill



2025

Issue  
No 7  
June  
2025



## *From the Editor*

This year heralds Bur-Del's 50th anniversary, a tremendous achievement due to the visions of all the presidents, CEO's, board members and the working staff since 1975.

From its humble beginnings of renting of various sites to offer rental services to the Burdekin indigenous community, the organisation now offers services to the wider Burdekin and Townsville communities from six business sites in Ayr, Home Hill and Townsville.

Also at the AGM another big milestone was acknowledged. Christine celebrated her ten years of service as CEO of Bur-Del.

*Well done Christine.*

A common question of our staff "I have a Home Care package what am I entitled to?" I have researched this via the many platforms and have listed a basic guide on pages 8 and 9 of this newsletter. Hopefully this may help but we are only a phone call away or just call in for assistance.

My helpful and energetic field reporter Merwez has left the Burdekin and is now working in Cairns. We all gathered together and thanked her for her contributions to Bur-Del and wished her all the best with her new vocation.

Winter is here again be mindful of the usual viruses and if your immune system needs a boost, take precautions and consider the jab. Until next issue take care.

*Rob Lesca*



### **Inside this issue**

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## **The Bur-Del Co-Operative Advancement Society Limited**

Is a not for profit organisation and was registered as a large Society in Queensland in 1975.

The organisation provides services to Individuals through funding by donors and government agencies. These services may be provided by one or more organisations within the Burdel Pty. Ltd. Group of entities and auspices the following Charity Programs.

### ***Community and Home Care***

#### ***Community Housing***

#### ***Early Childhood Education***

### **Business Sites**

#### **Ayr**

##### **Administration Centre**

72 Wickham Street, Ayr

Phone: (07) 47 834 560 / (07) 47 833 680

##### **Butterfly Lodge**

114-118 Cameron Street, Ayr

Phone: (07) 47834 560

##### **Allied Health Hub**

114-118 Cameron Street, Ayr

Phone: (07) 47834 560

#### **Bur-Del Early Education Transition Support**

**Centre**, 110-112 MacMillan Street, Ayr

Phone: (07) 47835 182

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#### **Home Hill**

##### **Bur-Del Community & Home Support**

IGA Complex

Eighth Avenue, Home Hill

Phone: (07) 47 834 560 / (07) 47 833 680

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#### **Townsville**

##### **Bur-Del Community & Home Support**

141 Thuringowa Drive, Kirwan

Phone: (07) 47 834 560 / (07) 47 833 680

Website: [www.burdel.org.au](http://www.burdel.org.au)

Email: [hcp@burdel.org.au](mailto:hcp@burdel.org.au)

[care@burdel.org.au](mailto:care@burdel.org.au)

Monday to Friday 9 am to 12.00 pm

1 pm to 4.30 pm

ABN 42609591731

Read our newsletters online:  
[Burdel.org.au](http://Burdel.org.au)



## Trading Hours

<b>Monday</b>	<b>Closed</b>
<b>Tuesday</b>	<b>Closed</b>
<b>Wednesday</b>	<b>10.00 am — 6.00 pm</b>
<b>Thursday</b>	<b>10.00 am — 6.00 pm</b>
<b>Friday</b>	<b>10.00 am — 8.30 pm</b>
<b>Saturday</b>	<b>10.00 am — 2.00 pm</b>

**145 Queen Street, Ayr**  
*(previously Burdekin Delta Cinemas)*

[www.facebook.com/feedmefood55/](http://www.facebook.com/feedmefood55/)



**Healthy Lunches**



**Take Away Meals**



**All Day Brunch**

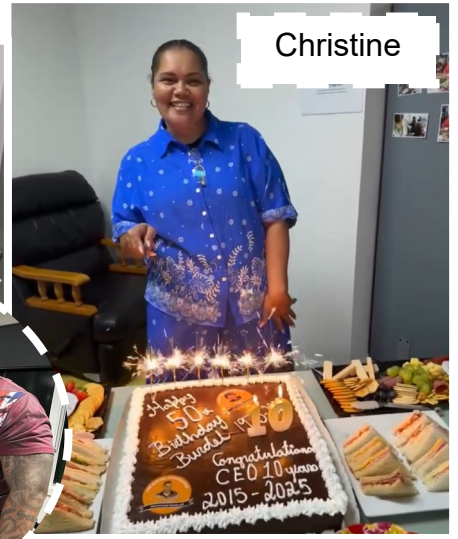


Bur-Del 50th AGM. L-R Michelle, Leanne, Glenis, Kathy, Emene, Coral, Renita & Andrew.



Steven & Raymond

Christine



Emene

Staff of 2015

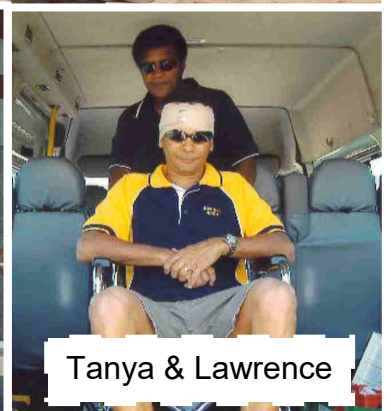
Diane, Mannie, Mavis & Phyllis



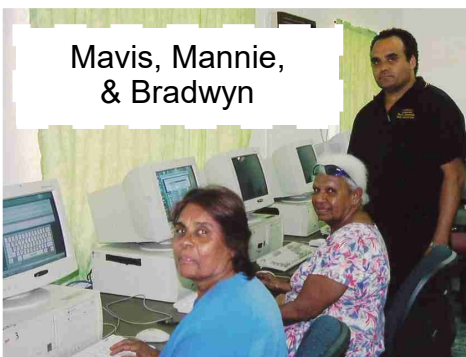
Vanessa, Yvonne & Jennifer



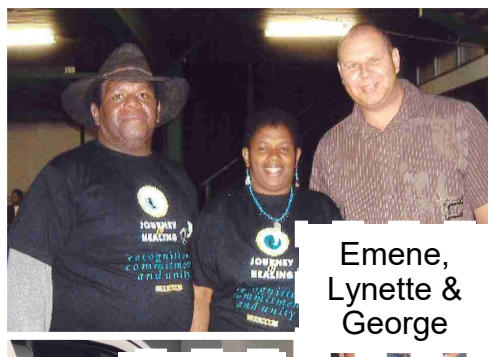
Ladies from the Girudala Community (Bowen)



Tanya & Lawrence



Mavis, Mannie, & Bradwyn



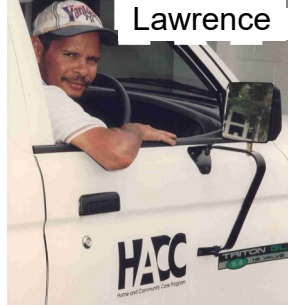
Emene, Lynette & George



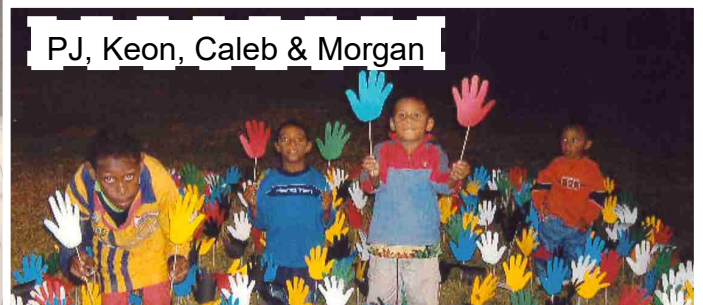
Bur-Del Clients



NAIDOC—Jennifer, Susan & Val



Lawrence



PJ, Keon, Caleb & Morgan



# AT THE DINER



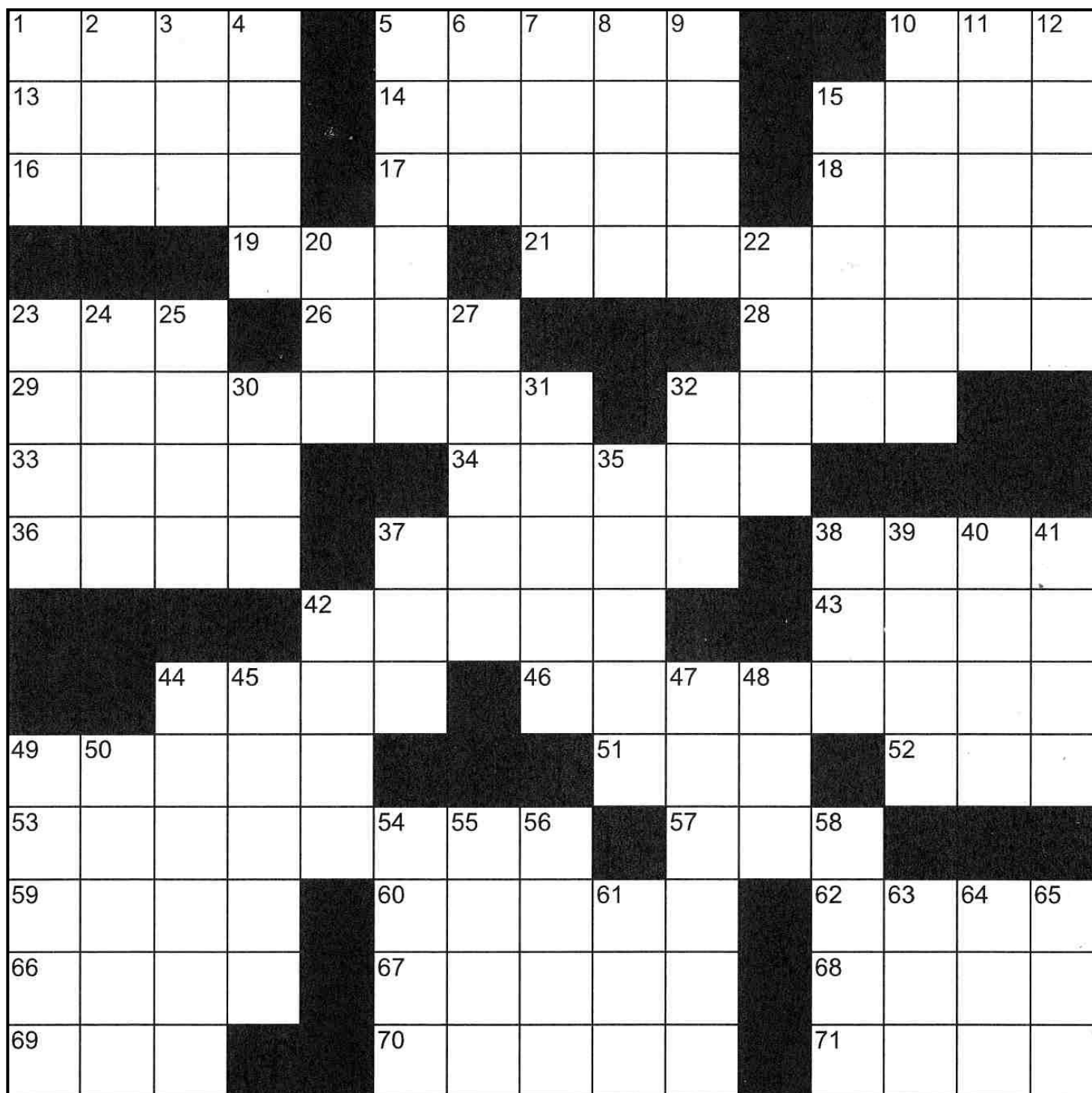
Christine and one of her Grandi's enjoying a Diner treat



This Easter Mario, Melinda and the staff at the diner hosted a 'Make a Treat Easter Competition' for the children. Undoubtedly some of the treats were for Mr. Fluffy Tail. The smiling winners were rewarded with an Easter Bunny.







# ACROSS

- 1 Rim
- 5 Move bike wheels
- 10 Resort hotel
- 13 Reside
- 14 Where you were at crime time
- 15 Academy (abbr.)
- 16 Children's love
- 17 Trainee
- 18 Field game
- 19 Pigpen
- 21 A person's female child
- 23 Wing
- 26 Ball
- 28 Metric capacity unit
- 29 Crimes
- 32 Noblewoman
- 33 Demoniac
- 34 Filmed
- 36 Woman to whom a man is married
- 37 Wanderer
- 38 Churned water from a boat
- 42 Singing voice
- 43 Sailing ship
- 44 Level

# DOWN

- 46 Adjusting
- 49 Path
- 51 Japanese money
- 52 Advertisements
- 53 Stunning
- 57 A person's male child
- 59 Throb
- 60 Tennis playing area
- 62 American Association of Retired Persons (abbr.)
- 66 Stag
- 67 Turn out
- 68 Louver
- 69 Be incorrect
- 70 Discourage
- 71 \_\_\_ matter

# DOWN

- 1 Deli order
- 2 Rio de Janeiro
- 3 Climbing vine
- 4 Disorder
- 5 Paper from papyrus
- 6 Wing
- 7 Expired
- 8 Syrian bishop
- 9 In \_\_\_ of (instead of)
- 10 Scottish terriers
- 11 Whiter
- 12 Love intensely
- 15 Plant louse
- 20 Large weight unit
- 22 Pleased
- 23 Some (2 wds.)
- 24 Jacob's son
- 25 First letter of the Arabic alphabet
- 27 Wager (2 wds.)
- 30 Bullfight cheer
- 31 Island nation
- 32 Headed
- 35 Gathering of people to celebrate or have fun
- 37 Fisherman's tool

- 38 Compass point
- 39 Opera solo
- 40 Helpful
- 41 Omelette ingredient
- 42 Opp. of short
- 44 Dad
- 45 Metric capacity unit
- 47 Examiner
- 48 Card game
- 49 Swap
- 50 Racing car
- 54 Type of tea
- 55 Not any
- 56 Wind
- 58 Space administration
- 61 Regret
- 63 Entire
- 64 Male sheep
- 65 School group



# Easy

8	3			5	6		9
	4			3			2
6		2	9	4	8		3
			3			9	
7	6			9	2	1	
9	2			1	6	3	7
				9	7	5	
	9	6	7		4		
5							9
							6

# Medium

1						8	
8				9		1	7
			2				
		7	6				1
9	8		5	3	1		7
						5	9
	7			2		1	
5	6					9	8
2			8			6	3

# Hard

			7			5	4
	1				6		
		7		8	6		3
1	3			8		7	9
					1	5	3
			7	4		1	2
8			9		2		
		9				7	
		6					9

# Expert

		6			5		
		8					4
7						1	5
						6	3
							5
	3		6			9	
9	6				1	3	
1							2
		4		8	2		

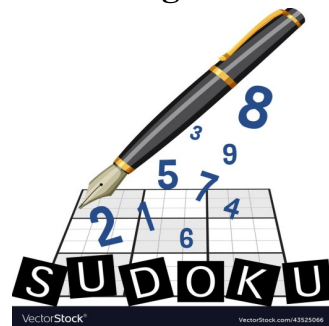
# Master

7	3			1	2		9
				4			
9							5
		8					6
	1			9	3		5
			7				
			4				2
	7		5				
		1		2	7	8	



# Solutions Crossword, Sudoku & Find a Word

## Page 20



## Find The Word

Find the words in the grid. When you are done, the unused letters in the grid will spell out the hidden message. Pick them out from left to right, top line to bottom line. Words can go horizontally, vertically and diagonally in all eight directions

*Hidden Quotation by  
Marcus Tullius Cicero*

S U O U D I C E D I F Y S O N  
G E R M I N A T E E U H H E E  
A V V E A G A R T D R E T E D  
N A E N D A S A L U I A O V R  
B R A G R E R E B Y V Y O E A  
L H O U E E G S E I H T R R G  
A O A V A T E A T D R E E G V  
I E E R Y T A L N O S L R R H  
N T F A R G U B W I I A E N  
N G Y O U C N E L O A F B E E  
E I E D G C L T S E R R P N N  
R R A R C C M N C M S U D R T  
E Q W R Y T B N K H L I L T L  
P D F L O W E R S L D T D Q R  
L E N I H S N U S A N N U A L

Aerate  
Annual  
Bareroot  
Cultivate  
Deciduous  
Drainage  
Evergreen

Flowers  
Fruit  
Garden  
Germinate  
Graft  
Hoe  
Perennial

Rain  
Seeds  
Shrubs  
Soil  
Sunshine  
Trowel  
Vegetables



# 4 Home Care Package Levels

01

## Basic care needs

Basic care services such as domestic assistance, personal care, and some health-related services.

02

## Low-level needs

A range of care services, including assistance with daily activities, nursing, and allied health services.

03

## Intermediate care needs

More complex care needs, including services such as intensive personal care, clinical care, and support for dementia.

04

## High-level needs

A comprehensive range of service to address high-level health and support needs, including specialised nursing and allied health services.

## What is a Home Care Package?

The Australian Government provides in-home support as people age. The Home Care Packages Program provides individualised coordinated care and services for people over 65 with ageing related care needs. It assists people to live safely and independently in their own home for as long as it is safe and appropriate.

**Services:** The Home Care Package can cover a wide range of services, including personal care (showering, hygiene), clinical care (nursing, podiatry), home support (cleaning, gardening) and social support (transport, community engagement).

**Eligibility:** It is not means tested like the Age Pension and is for people over 65 years (or over 50 years for First Nations People)

## Level 1 Home Care Package (HCP-1)

A Level 1 Home Care Package provides government funding to assist with basic care needs, like help with personal care, domestic tasks and social activities. This level is for individuals who can largely manage independently but need some assistance with everyday tasks

### Detailed Breakdown:

#### 1. Personal Care:

- ▶ Assistance with showering, dressing and getting ready in the morning, as well as continence management.

#### 2. Domestic Assistance:

- ▶ Help with cleaning, tidying and basic household tasks.
- ▶ Gardening support.

#### 3. Social Support:

- ▶ Companionship and opportunities for interaction to combat isolation.

#### 4. Meal Preparation:

- ▶ Support with nutritious meal planning and cooking.

#### 5. Shopping and Transport:

- ▶ Assistance with grocery shopping and transport to appointments or social activities.

## Level 2 Home Care Package (HCP-2)

A Level 2 Home Care Package generally provides a subsidy to help individuals with low-to-moderate care needs access a range of

8

services, including personal care, domestic assistance, meal preparation, transport, social support and basic nursing care. The package can also cover some home modifications and equipment to improve accessibility and safety.

### Detailed breakdown:

#### 1. Personal Care:

- ▶ Assistance with showering, dressing, hygiene, and other basic care needs.

#### 2. Domestic Assistance:

- ▶ Help with cleaning, laundry and other household tasks.
- ▶ Gardening support.

#### 3. Meal Preparation:

- ▶ Assistance with cooking and meal planning.

#### 4. Transport:

- ▶ Support with getting to appointments, social outings and other activities.

#### 5. Social Support:

- ▶ Companionship, engagement in hobbies and participation in community activities.

#### 6. Basic Nursing Care:

- ▶ Basic nursing care services such as medication management and wound care.

#### 7. Allied Health Services:

- ▶ Some packages may include physiotherapy or occupational therapy.

#### 8. Home Modifications and Equipment:

- ▶ Assistance with minor home modifications and the provision of basic care equipment like walking frames.



### Level 3 Home Care Package (HCP-3)

A Level 3 Home Care Package provides intermediate-level care and support for individuals with moderate needs, including services like personal care, domestic assistance, meal preparation, and social support. It's designed to help individuals maintain their independence and well-being at home.

#### Detailed breakdown:

##### 1. Personal Care:

- ▶ Assistance with daily hygiene activities like bathing, dressing and grooming.
- ▶ Mobility support. Includes help getting in and out of bed. Support with toileting and continence.

##### 2. Domestic Assistance:

- ▶ Help with household chores like cleaning, laundry and ironing.
- ▶ Assistance with meal preparation and shopping.
- ▶ Gardening support.

##### 3. Social Support:

- ▶ Companionship and social activities and Help with hobbies and community engagement.

##### 4. Other Services:

- ▶ Nursing care: Basic nursing support for managing chronic conditions or medication.
- ▶ Allied health: Services from specialists like physiotherapists, speech therapists and occupational therapists.
- ▶ Transport: Assistance with getting to appointments and other activities.
- ▶ Home modifications: Support for making minor changes to the home for accessibility.
- ▶ Equipment: Provision of aids and equipment like walking frames and wheelchairs.

### Level 4 Home Care Package (HCP-4)

A Level 4 Home Care Package is the highest level and is for individuals with complex care needs, offering the maximum hours of care and a wide range of services to support independent living at home, including nursing, personal care, domestic assistance.

#### Detailed Breakdown:

##### 1. Complex Nursing Care:

- ▶ For various health conditions, clinical care at home, such as wound care.

##### 2. Personal Care:

- ▶ Assistance with showering, dressing, toileting and other personal hygiene tasks.

##### 3. Domestic Assistance:

- ▶ Help with cleaning, cooking, laundry and other household chores.

##### 4. Mobility Aids and Equipment:

- ▶ Provision of necessary equipment to aid in mobility and independence.

##### 5. Nutrition and Meal Preparation:

- ▶ Assistance with meal planning and preparation

##### 6. Allied Health Therapies:

- ▶ Access to services like physiotherapy, occupational therapy and podiatry.

##### 7. Respite Care:

- ▶ To allow regular caregivers a break.

##### 8. Transport and Shopping Assistance:

- ▶ Help with getting around and accessing essential services.

##### 9. Garden Maintenance:

- ▶ Assistance with maintaining a garden.



#### The Bur-Del Co-Operative Advancement Society

Are registered providers of home care services offering clients affordable care services.

**Phone: 4783 3680**

### Applying for a Home Care Package:

To apply for a Home Care Package in Australia, you need to start by registering with My Aged Care and requesting an assessment to determine your eligibility.

You can do this online through their website ([My Aged Care](#)) or by calling **1800 200 422**. An assessment is conducted by the Aged Care Assessment Team (ACAT). If you are eligible, you will be assigned a Home Care Package and a priority level.

Be aware there may be a wait list for Home Care Packages as the demand is high.



# Farewell Merwez



Lila, Maria, Connie, Merwez & Pierina



Rob, Tamara, Merwez, Stephanie & Leanne



Merwez & Lua



Merwez & Lorrae



Merwez & Lila

## Anzac Day service at the Ayr State High School

Emene Monday and Mavis Blackman laying down of the commemorative Wreath of behalf of 'The Bur-Del Co-Operative Advancement Society Ltd'



Merwez & Narelle

Thank You

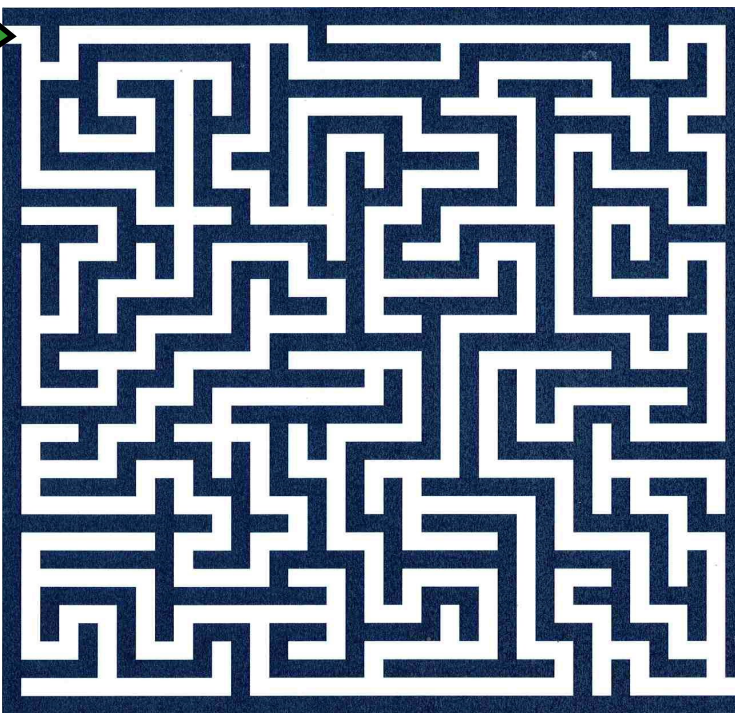


Sharon & Merwez



Baywatch Weekly Youth Program	Club	Activities
Monday	Boys Club	Specifically for young men: Fishing, basketball, crabbing
Tuesday	Baywatch Youth	Boxing and Pizza
Wednesday	Baywatch Youth	Touch footy
Thursday	Baywatch Youth	Basketball & guest speaker
Friday	Girls Club	Specifically for young ladies: Girls stuff (girl talk, hair, makeup, movies)
Sunday	Baywatch Youth	Youth Night - Burdekin Community Church

## Maze Puzzle Solution page 20



## Find 10 Differences Solution page 20



## BENEFITS OF BERRIES

*Mother natures medicine*



### STRAWBERRY

Rich in anti-oxidants and help neutralize heavy metals in the body. Also rich in vitamin C, magnesium & dietary fibre that keeps metabolism running smooth



### BLUEBERRY

Rich in vitamin C & B6. Also a great source of fibre, potassium & polynutrients. Regular consumption reduces cholesterol in body thereby reducing the risks with heart disease



### RASPBERRY

Rich in vitamins, anti-oxidants & dietary fibre. Contains high amount of ellagic acid which is a compound that stops the growth of tumor-causing cells



### CRANBERRY

Maintains healthy vaginal pH. Has poly nutrients that are anti-inflammatory, rich in anti-oxidants and is anti-cancer. Good source of vitamin C & K, manganese, copper etc.



### GOJIBERRY

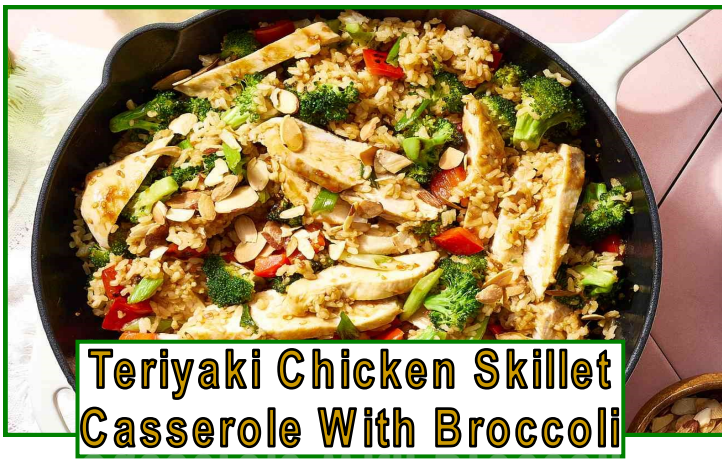
Loaded with beta-carotene that maintains healthy eyes, skin & hair. Helps body build resistance against invading organisms. Also rich in thiamine, betaine, lycopene etc.



### Black Currants

Lowers blood pressure, preventing diabetes, improving vision, reducing cancer cell growth.





## Teriyaki Chicken Skillet Casserole With Broccoli

The perfect go-to recipe for hectic weeknights, ideal for making use of any leftover chicken and rice you have on hand. If you're short on leftovers, a rotisserie chicken paired with a package of microwaveable brown rice is a good substitute.

### Ingredients:

- 2 tablespoons sesame oil
- 3 cups bite-size broccoli florets
- 1 cup diced red bell pepper
- 1 cup sliced spring onions
- ½ cup low-sodium teriyaki sauce
- ½ cup water
- 1½ tablespoons cornstarch
- 2 cloves garlic, grated (½ teaspoon)
- 3 cups sliced cooked chicken
- 3 cups cooked brown rice
- Toasted sesame seeds or toasted sliced almonds for garnish (optional)

### Step One:

Preheat oven to 350°F.

### Step Two:

- ▶ Heat 2 tablespoons sesame oil in a large ovenproof skillet over medium heat.
- ▶ Add 3 cups broccoli, 1 cup bell pepper and 1 cup spring onions; cook, stirring, until softened, 3 to 5 minutes.
- ▶ Combine ½ cup teriyaki sauce, ½ cup water, 1½ tablespoons cornstarch and the grated garlic in a measuring cup.
- ▶ Add to the pan along with 3 cups chicken and 3 cups rice.
- ▶ Stir to combine well.

### Step Three:

Transfer to the oven and bake until the vegetables are tender and the casserole is warmed through, about 15 minutes. Serve sprinkled with sesame seeds (or almonds), if desired.



### Ingredients:

- 2—3 Large tins of pie apples
- 250 grams butter
- 3 cups rice bubbles
- 1 cup brown sugar
- 1 cup desiccated coconut
- 2 cups flaked almonds
- 1 cup shredded coconut
- ½ cup gluten free plain flour
- (optional sultanas)

### Instructions:

#### Step 1.

In a large tin place pie apples (& optional sultanas) and mix through.

#### Step 2.

Melt butter in a saucepan or in a microwave.

#### Step 3.

Mix all dry ingredients thoroughly in a large bowl.

#### Step 4:

Pour melted butter into dry ingredients and mix well.

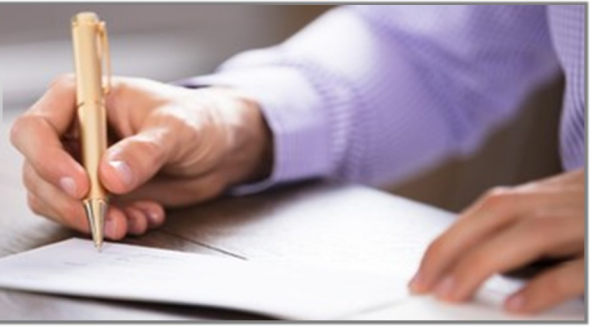
#### Step 5.

Spread crumble mix evenly over the apple and bake for 10—15 minutes in moderate oven.





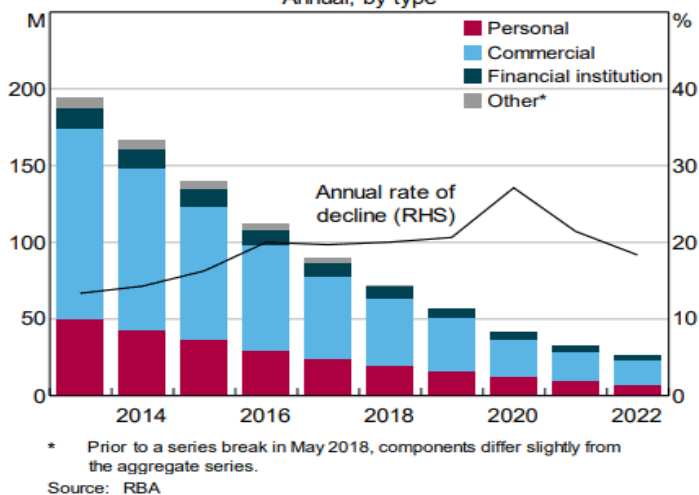
# Phasing out the Cheque System & What will happen to cash?



## Phasing Out the Cheque System:

In Australia, the cheque system is planned to be phased out by 2030. The Australian government has announced a staged process to wind down the cheque system, with the goal of complete closure by that date. The transition plan includes ceasing the issuance of bank cheques by 2025, commercial and government cheques by 2026, and personal cheques by 2027, with the final closure of the system by 2030. Some banks are also planning to phase out cheques more rapidly than this timeline.

**Number of Cheques Drawn**  
Annual, by type



## Why Phase out the System:

### Declining Usage:

Cheque use has plummeted in recent years, with a significant drop of over 90% in the last decade. This decline is attributed to the widespread adoption of digital payments like electronic fund transfers, online banking and mobile payment.

### Higher Costs:

Cheques are becoming more expensive to process on a per-transaction basis due to the declining volume and the manual effort required. The average cost of processing a cheque now exceeds \$5 and clearing a cheque can take several business days.

## Digital Alternatives:

Digital payments offer faster, more secure and convenient ways to pay and receive money. They also eliminate the need for physical paper, making them environmentally friendly.

## What Will Happen to Cash?:

While Australians have moved to digital payment methods, the Government has been careful to maintain cash as a payment method. Around 1.5 million Australians use cash to make more than 80% of their in person payments. Cash also provides an easily accessible back up to digital payments in times of natural disaster or digital outage.

According to the most recent data, up to 94% of businesses continue to accept cash. The Government has stated that they will mandate that businesses must accept cash when selling essential items, with appropriate exemptions for small businesses. Mandate to take effect approximately 1st January, 2026.

Currently, businesses don't have to accept cash – businesses can specify the terms and conditions that they will supply goods and services. The issue of card surcharges often comes up when a business adds a surcharge rather than recognizing this cost of doing business in their pricing. A business can charge a surcharge for paying by card, but the surcharge must not be more than what it costs the business to use that payment type.

**2025**—Cease issuance of bank cheques.

**2026**—Cease issuance of commercial and government cheques.

**2027**—Cease issuance of personal cheques.

**End-2028**—Cease acceptance of personal, commercial & government cheques.

**End-2030**—Cease acceptance of bank cheques. **Close the cheques system.**

# Age 50 and older? Get the shingles vaccine!

Shingles is a painful skin rash caused by the same virus as chickenpox. Here are three things to know:



## Your risk increases with age.

1 in 3 adults will develop shingles. If you had chickenpox earlier in life, you are at risk for developing shingles.



## Shingles can be serious.

For many people, shingles symptoms are mild, but others may develop more severe symptoms like intense or long-lasting pain.



## It's preventable!

The shingles vaccine is more than 90% effective at preventing the disease, and it's recommended for most adults age 50 and older.

## What is shingles?

Shingles is a viral infection caused by the *varicella zoster* virus which is the same virus that causes chickenpox. After you have chickenpox, the virus lays dormant (inactive) in your body. When this virus reactivates (often many years later), it causes shingles.

Shingles is characterised by a painful rash with blisters that can also be itchy. The infection can last for several weeks and has different phases. Only people who have previously had chickenpox or who have been exposed to the virus can get shingles, although not everyone will. It's estimated that a third of all Australians will develop shingles in their lifetime.

## Is shingles contagious?

Shingles itself is not contagious. Remember, shingles is simply a reactivation of the varicella-zoster virus, the same virus that causes chickenpox.

However, if someone who hasn't had chickenpox (and therefore doesn't have varicella zoster in their system) comes into contact with the fluid from the shingles blisters, they can contract the virus, which may cause them to develop chickenpox – and later shingles.

Shingles is less contagious than chickenpox and the risk of spreading the virus is low if the rash is kept covered. However, immunisation is the best way to reduce your risk.

## Who should get vaccinated against shingles:

Free shingles vaccination under the National Immunisation Program (NIP) is available for eligible people at moderate to high risk of severe illness and complications from shingles.

A 2-dose course of Shingrix is available for free for:

- people aged 65 years and over
- Aboriginal and Torres Strait Islander people aged 50 years and over
- 18 years and over considered at increased risk of herpes zoster due to an underlying condition and/or immunomodulatory/immunosuppressive treatments..

If you previously received a free Zostavax shingles vaccine under the NIP, you are not eligible for a free Shingrix vaccine for at least 5 years.

## How to get vaccinated against shingles:

The shingles vaccine is a single vaccine, not a combination vaccine (2 or more different vaccines in 1 dose).

Shingrix consists of 2 doses given 2 to 6 months apart in immunocompetent (healthy) people, or 1 to 2 months apart in people who are immunocompromised.

## When?

Talk to your health professional about your eligibility for the free shingles vaccine today.

**Don't Wait Vaccinate**



# What is Elder Abuse

'a single or repeated act or lack of appropriate action occurring within any relationship where there is an expectation of trust, which causes harm or distress to an older person'

## The Six Types of Elder Abuse

<b>Physical</b> Hitting, kicking, pushing, slapping, burning, or force causing injury	<b>Sexual</b> Engaging in sexual acts without consent	<b>Emotional</b> Harming self-worth or emotional well-being, name calling, and scaring	<b>Neglect</b> Failing to meet basic needs like food, housing, clothing, and medical care	<b>Abandonment</b> Leaving elders alone or no longer providing care	<b>Financial</b> Illegally misusing an elder's money, property, or assets
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**How prevalent is it?** Research from Australia and overseas shows that up to 14 per cent of older people may be experiencing elder abuse. The real number may be higher because many people feel they cannot speak up.

**Who are the main perpetrators?** Abuse is generally carried out by someone close to the older person. Helpline data shows this is most commonly the older person's adult son or daughter, though it also happens within a wide range of other family and caring relationships.

**What can I do to help?** If you suspect that an older person you know is being abused, or are experiencing elder abuse yourself, phone the **Elder Abuse Helpline on 1300 651 192, anyone can make the call.**

Organisation	Contact Information
Police, Fire or Ambulance (emergency only)	000 or 112 (from mobiles)
Police (non-emergency)	131 444 <a href="http://www.police.qld.gov.au">www.police.qld.gov.au</a>
SES (State Emergency Services)	132 500 <a href="http://www.ses.qld.gov.au">www.ses.qld.gov.au</a>
Burdekin Shire Council	(07) 4783 9800 <a href="http://disaster.burdekin.qld.gov.au">disaster.burdekin.qld.gov.au</a>
Burdekin Local Disaster Management Group	<a href="https://www.facebook.com/BurdekinDisasterInformation/">https://www.facebook.com/BurdekinDisasterInformation/</a>
Bureau of Meteorology	Weather and Warnings 1300 659 219 Cyclone Warnings 1300 659 212 <a href="http://www.bom.gov.au">www.bom.gov.au</a>
Ergon Energy	Emergencies - 13 16 70 Report a Fault - 13 22 96 <a href="http://www.ergon.com.au">www.ergon.com.au</a>
Radio	630 AM - ABC
Communications	Telstra Faults 13 13 44 Optus Faults 13 22 03
Road Conditions	13 19 40 <a href="http://www.qldtraffic.qld.gov.au">www.qldtraffic.qld.gov.au</a>



**BurdekinLibrary**  
Connect | Information | Innovation

**108 Graham Street, Ayr**

Monday to Friday-9 am - 5 pm

Saturday-9 am - 1 pm

07 4783 9970

**77-79 Ninth Avenue, Home Hill**

Monday, Tuesday, Thursday, Friday-1pm - 5 pm

Wednesday 10am-12 pm, 2 pm-5 pm

07 4783 9969

*Fiction & non fiction books | DVD's & CD's*

*Magazines | Audiobooks*

**Tech assist, Ayr**

Tuesday 9 am & Thursday 9 am

**Home Hill**

Wednesday 2 pm

**Tech Connect Ayr**

Wednesday 10 am - 11 am

**Tech Connect Home Hill**

Wednesday 1 pm - 2 pm

Email [library@burdekin.qld.gov.au](mailto:library@burdekin.qld.gov.au)

Facebook at [Burdekin Library](https://www.facebook.com/BurdekinLibrary)





Have you ever opened up the freezer, ready to pull out some meat or other frozen food only to find it looks like it's covered in a layer of ice? That's freezer burn. But if you've chucked your freezer-burned food in the past, you might want to reconsider.

### What Is Freezer Burn?

Freezer burn can occur when there is moisture lost from frozen food. All foods contain water, which forms ice crystals when frozen, causing dehydration. The dehydration makes the food dry and tough underneath layers of ice crystals. *Freezer burn can effect flavours and textures.*

### Contributing factors of Freezer Burn.

The temperature of your fridge and freezer can fluctuate when it is opened and closed, especially if it's happening frequently and for long periods of time. Overloading the freezer, especially when adding multiple non-frozen items at once, can put too much strain on the appliance, resulting in a slow freeze and a higher chance of freezer burn.

### How to Prevent Freezer Burn:

#### Keep your freezer freezing:

The ideal temperature for your freezer is as cold as possible, 0°F or below. You also will have the best results if you use a high-quality vacuum bag combined with a very low temperature. Freezing is a great way to extend the edible life of your food, but you have to pay close attention to your process.

#### Wrap foods well:

Since freezer burn occurs when air is introduced, make sure your meat and other soon-to-be frozen goods are properly wrapped. You can store meat and poultry in the freezer in the original packaging, but its protection may diminish over time as the packaging is permeable to air.

**16** **Stop freezing too soon:** Are you freezing things too fast? The stark contrast between

boiling-hot soup and your freezer can not only cause potential damage to the container it's being stored in, it can also be the culprit causing freezer burn. This can cause a temporary thaw on the surface of your items that will undoubtedly be a prime opportunity for freezer burn to happen. *Always chill your items in a refrigerator prior to freezing.*

### Labeling:

Since freezer burn is more likely to occur the longer a food has been frozen, it's important to be mindful of how long your different foods have been in the freezer. Make sure your foods are labeled and well organized, especially if you're buying in bulk.

### Packaging:

Make sure everything is entirely covered inside the smallest sealed container or storage bag possible.

### Portioning:

Portioning your food out before freezing so you can take out what you need instead of refreezing.

### Containers:

Ensure containers are well sealed. For example Ice cream can turn a bit icy when freezer burned, losing its fresh creamy texture.

### Food Safety:

#### Is It Safe to Refreeze Foods?

The more times you thaw food out and refreeze it, the more opportunity bacteria have to reproduce. You can avoid this by only thawing food out under refrigeration and reheating only the portion you intend to consume. You should then refreeze the item as quickly as possible. Don't refreeze any food items that have been left out of the refrigerator for 2 hours or longer.

#### Is It Safe to Eat Freezer-Burned Foods?

It's a common misconception that you lose out on nutrients if your food has been freezer-burned, but it's actually just the flavours and textures that have changed.



**When in doubt throw it out**  
**No meal is worth the risk of food poisoning**



Got a letter about a  
“big inheritance”  
from a “long-lost  
relative?”

Don't Fall for it:  
It's Probably a Scam



If an email arrives or a letter claiming a distant relative has died and named you their heir. The supposed estate is worth millions. However, to access it, you must first provide personal details or cover some “processing” costs. **If this sounds too good to be true, that's because it is.**

**Inheritance scams:** These are among the most emotionally manipulative frauds out there. They prey on unsuspecting Australians—particularly older individuals or those who may already be financially vulnerable.

**What Are Inheritance Scams?** Inheritance scams involve fraudsters who pose as lawyers, bankers, or officials. They claim you're entitled to a large inheritance. Typically, they say you've been chosen due to a family connection or name match with a deceased person. Often, scammers deliver their message with a sense of urgency and secrecy.

The scammer may:

- Ask for personal identification and banking details
- Request payment for “legal,” “administrative,” or “transfer” fees
- Urge you to keep the matter confidential
- Use impressive-looking documents to appear legitimate

This tactic is known as *advance-fee fraud*, where victims pay money upfront while believing they'll receive a large sum later—which, of course, never arrives.

**Why Australians Are Being Targeted:** Australians lose millions of dollars to scams every year. For example, according to [Scamwatch](#), over \$20 million was lost in impersonation scams in 2024 alone. A significant number of those reports involved inheritance or legal fraud.

Older Australians face greater risk due to several factors. These include access to retirement

savings, limited digital literacy and increased emotional vulnerability.

**Real-Life Example:** In 2022, a woman in Victoria lost nearly \$50,000. Someone contacted her claiming to be a solicitor managing an estate in the UK. The scammer said she had a claim to an unclaimed inheritance but needed to pay “processing fees” before the transfer could occur. She sent multiple payments. Eventually, she realised it was a scam.

### Red Flags to Watch Out For:

The most common warning signs that an inheritance offer is fraudulent:

- **You've never heard of the deceased person.** Scammers often use vague names or claim distant family ties.
- **They request payment upfront.** Legitimate inheritances don't require fees before you receive funds.
- **They pressure you to act quickly.** Creating urgency is a classic scam tactic.
- **They insist on secrecy.** By telling you not to speak to others, they attempt to isolate and control you.
- Communication appears unprofessional—bad grammar, poorly designed documents or suspicious email addresses.

### How to Protect Yourself:

1. **Be sceptical of unsolicited contact.** If someone reaches out unexpectedly about an inheritance, always question it. Search for their firm independently—don't trust the details in the message.
2. **Verify the source.** Check the credentials of any law firm or agency. Do not use contact details provided in the original message—search for them independently online.
3. **Never send personal or financial information.** Avoid sharing your bank account, passport, driver's licence, or Medicare number.
4. **Refuse to pay fees upfront.** Any request for prepayment should raise serious concerns.
5. **Report suspicious activity.** If you suspect a scam report it to Scamwatch the [Australian Cyber Security Centre](#), on 1300 292 371 or call your local police.





# Queensland Government

## Ministers and Portfolios



### Premier & Minister for Veterans

**David Crisafulli MP**

Responsibilities include the overall management of Queensland, Cabinet and its committees, coordinating government communication, policy development, governance, legislative drafting and publishing, protocol, intergovernmental relations, veterans' affairs, cross-border coordination and overall public service management.



### Deputy Premier, Minister for State Development, Infrastructure & Planning & Minister for Industrial Relations **Jarrod Bleijie MP**

Responsibilities include state development, economic development, major project impact assessment, strategic planning for priority industry sectors, capital works and program monitoring, integrated resort developments and global tourism hubs, urban growth, industrial relations and Brisbane Olympic and Paralympic Games infrastructure.



### Treasurer, Minister for Energy & Minister for Home Ownership **David Janetzki MP**

Responsibilities include the state budget, taxation, economic policy, mineral and petroleum royalties, energy, regulation of electricity and gas sectors, biofuels, clean energy, energy industry development, hydrogen, renewable energy, climate change and clean economy policy and home ownership.



### Minister for Finance, Trade, Employment & Training **Rosslyn (Ros) Bates MP**

Responsibilities include government owned enterprises, insurance, investment facilitation, trade development, employment, vocational education and training, skills and workforce development and marketing and promotion of international education and training.



### Minister for Natural Resources & Mines, Minister for Manufacturing & Minister for Regional and Rural Development **Dale Last MP**

Responsibilities include mining and petroleum, mine safety and health, Aboriginal and Torres Strait Islander land interests and titles, land management, rural and regional economic development, cross sector coordination to enhance economic growth and manufacturing industry development.



### Minister for Health and Ambulance Services **Timothy (Tim) Nicholls MP**

Responsibilities include hospitals, public health, mental health, oral health, nursing homes and hostels, Aboriginal and Torres Strait Islander health, community health services, alcohol and drug services, disease surveillance, health rights and promotion, registration of health professionals and the ambulance service.



### Attorney-General and Minister for Justice and Minister for Integrity **Deborah (Deb) Frecklington MP**

Responsibilities include justice administration, courts, registration of births, deaths and marriages, Legal Aid, fair trading and consumer protection, incorporation of associations, lotteries, keno and wagering, occupational licensing, registration of charitable and community purpose organisations, archives, integrity in government and the Public Trustee.



### Minister for Education and the Arts **John-Paul Langbroek MP**

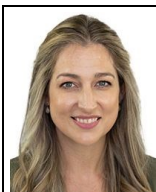
Responsibilities include state schooling, early childhood education and care, higher education, non-state school funding and the Arts.



### Minister for Police and Emergency Services **Daniel (Dan) Purdie MP**

Responsibilities include the police service, crime prevention including youth crime, community safety and protection, Queensland Government Air Services, disaster management and state emergency service.





**Minister for Youth Justice & Victim Support & Minister for Corrective Services**

**Laura Gerber MP**

Responsibilities include youth justice, victims' rights and corrective services.



**Minister for Transport & Main Roads**

**Brent Mickelberg MP**

Responsibilities include land transport and safety, main roads, marine infrastructure, passenger and personalised transport, ports, railways, transport infrastructure and the Cross River Rail project.



**Minister for Local Govt. & Water & Minister for Fire, Disaster Recovery & Volunteers**

**Ann Leahy MP**

Responsibilities include local government, bulk water supply, regulation of water quality and supply continuity, management of water supply emergencies, catchment and water resource management, water resource allocation, planning and management, fire and rescue services, rural fire services, disaster recovery, recovery and reconstruction of Queensland following natural disaster events and volunteers



**Minister for Housing and Public Works and Minister for Youth**

**Samuel (Sam) O'Connor MP**

Responsibilities include homelessness, housing supply and delivery, building and plumbing standards, government buildings, licensing and regulation of the Queensland building industry, property facilities management for government and major projects, urban design and architecture, government purchasing, night-life economy and youth affairs.



**Minister for Primary Industries**

**Anthony (Tony) Perrett MP**

Responsibilities include biosecurity, agriculture, animal welfare and food and fibre industry development.



**Minister for Women and Women's Economic Security, Minister for Aboriginal and Torres Strait Islander Partnerships and Minister for Multiculturalism**

**Fiona Simpson MP**

Responsibilities include women's policy, Aboriginal and Torres Strait Islander cultural heritage, policy, rights and culture and multiculturalism.



**Minister for the Environment and Tourism and Minister for Science and Innovation**

**Andrew Powell MP**

Responsibilities include environmental planning and protection policy, the Great Barrier Reef, pollution and waste management, marine and national parks management, tourism development and promotion, tourism investment attraction, science strategy and innovation policy.



**Minister for Families, Seniors and Disability Services and Minister for Child Safety and the Prevention of Domestic and Family Violence**

**Amanda Camm MP**

Responsibilities include community care, community recovery, community services, social inclusion, seniors, disability services, adoption, child protection services, the redress scheme for Queensland survivors of institutional child sexual abuse, carers, and prevention of domestic and family violence



**Minister for Sport and Racing and Minister for the Olympic and Paralympic Games**

**Timothy (Tim) Mander MP**

Responsibilities include major events, sport and recreation, racing and Brisbane Olympic and Paralympic Games.



**Minister for Customer Services and Open Data and Minister for Small and Family Business**

**Steven (Steve) Minnikin MP**

Responsibilities include cyber security operations and management, digital economy, open data, government information and communication technology policy and planning and shared services systems, small business advocacy and small business capability and resilience.

### Easy

8	3	1	2	7	5	6	4	9
5	4	9	6	3	1	8	2	7
6	7	2	9	4	8	5	3	1
4	1	5	3	8	7	9	6	2
7	6	3	4	9	2	1	8	5
9	2	8	5	1	6	3	7	4
2	8	4	1	6	9	7	5	3
3	9	6	7	5	4	2	1	8
1	5	7	8	2	3	4	9	6

### Medium

1	9	6	7	5	3	2	8	4
8	3	2	4	9	6	1	5	7
7	4	5	2	1	8	3	9	6
2	5	7	6	4	9	8	3	1
9	8	4	5	3	1	6	7	2
6	1	3	8	2	7	5	4	9
3	7	8	9	6	2	4	1	5
5	6	1	3	7	4	9	2	8
4	2	9	1	8	5	7	6	3

### Hard

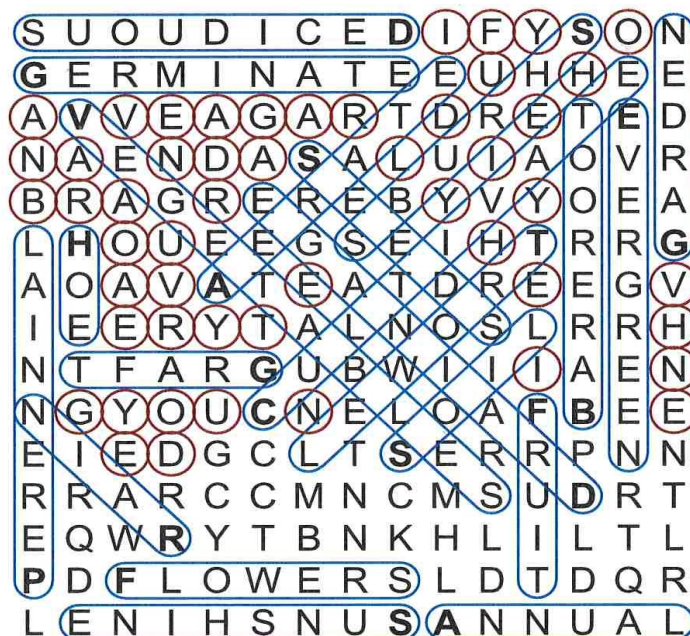
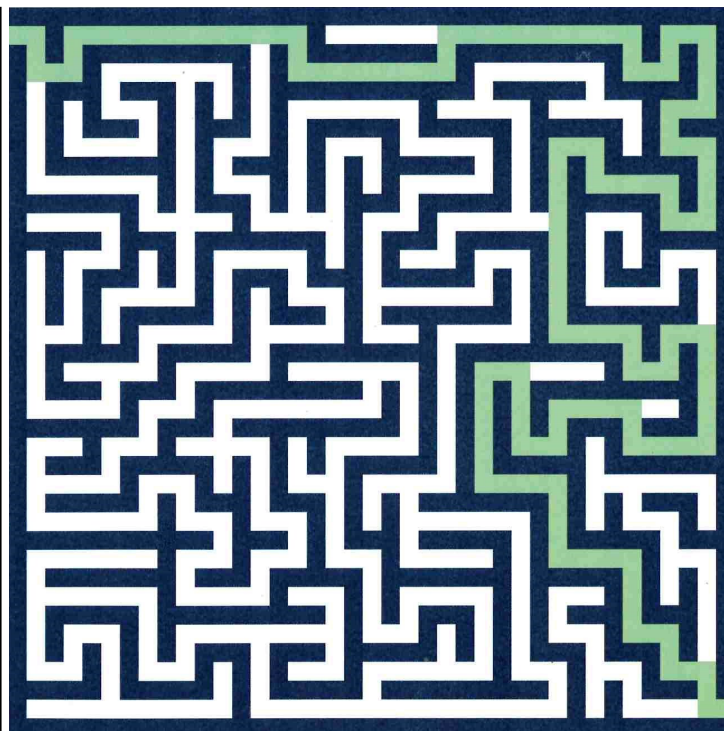
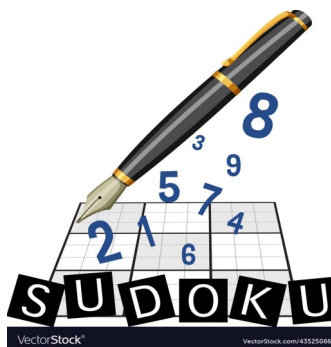
6	8	3	1	7	9	2	5	4
9	1	5	3	2	4	6	8	7
4	2	7	5	8	6	9	1	3
1	3	2	6	5	8	4	7	9
7	6	4	2	9	1	5	3	8
5	9	8	7	4	3	1	6	2
8	7	1	9	6	2	3	4	5
3	4	9	8	1	5	7	2	6
2	5	6	4	3	7	8	9	1

### Expert

4	9	6	1	7	5	8	3	2
2	1	8	3	6	9	7	4	5
7	5	3	2	4	8	1	9	6
8	2	7	5	9	4	6	1	3
6	4	9	8	1	3	2	5	7
5	3	1	6	2	7	9	8	4
9	6	2	4	5	1	3	7	8
1	8	5	7	3	6	4	2	9
3	7	4	9	8	2	5	6	1

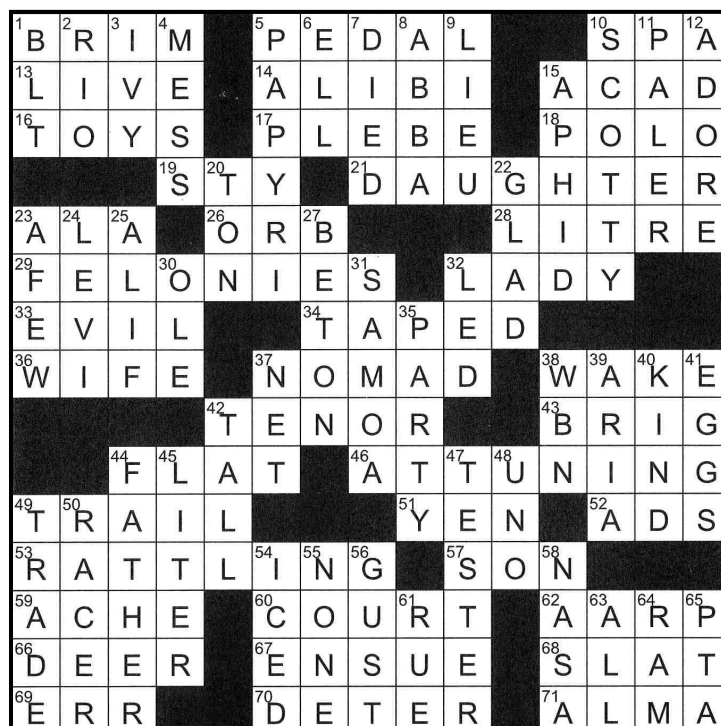
### Master

7	3	5	8	1	2	6	9	4
1	8	6	9	4	5	2	3	7
9	2	4	3	7	6	5	8	1
2	9	8	1	5	4	3	7	6
6	1	7	2	9	3	4	5	8
5	4	3	7	6	8	9	1	2
8	6	9	4	3	1	7	2	5
4	7	2	5	8	9	1	6	3
3	5	1	6	2	7	8	4	9



Find The Word Hidden Quotation

'If you have a garden and a library you have everything you need'





# Let's Laugh



Car Theft

A drunk phoned the police to report that thieves had broken in to his car.

*"They've stolen the dashboard, steering wheel, brake pedal, even the accelerator," he cried out.*

However, before the police investigation could get under way the phone rang a second time, with the same voice came over the line.

*"Never mind," said the drunk with a hiccup, "I got in the backseat by mistake."*

## The Tomato Garden

An old Italian man lived alone in New Jersey. He wanted to plant his annual tomato garden; but it was very difficult work as the ground was hard. His only son, Vincent, who used to help him, was in prison. The old man wrote a letter to his son and described his predicament:

*"Dear Vincent,*

*I am feeling pretty sad, because it looks like I won't be able to plant my tomato garden this year. I'm just getting too old to be digging up a garden plot. I know if you were here my troubles would be over. I know you would be happy to dig the plot for me, like in the old days. Love, Papa"*

A few days later he received this letter from his son:

*"Dear Pop, Don't dig up that garden. That's where the loot is buried. Love, Vinnie."*

At 6 am the next morning, FBI agents and local police arrived and dug up the entire area without finding any loot. They apologized to the old man and left. That same day the old man received another letter from his son.

*"Dear Pop, Go ahead and plant the tomatoes now. That's the best I could do under the circumstances. Love, Vinnie."*

## Jesus is Watching You

A thief enters a house at night, intending on robbing the entire place.

In the dark, he starts hearing:

*"Jesus is watching you... Jesus is watching you..."*

Panicked, he looks around for the source of the whisper, when he finds a parrot in a cage, with the name "Moses" pinned on it. Relieved, he says:

*"Who's the idiot who named a parrot Moses?"*

*The parrot answers:*

***"The same idiot that named the Pitbull Jesus".***

## The Twins

A woman, pregnant with twins, gets into a car, has an accident and ends up in a coma for a month. When she wakes up, she's no longer pregnant. The nurse tells her that she gave birth while unconscious, but assures her that both babies, a boy and a girl, are perfectly healthy.

*"There's just one thing," the nurse says, "because your children needed legal names, we had to contact your next of kin, your twin brother Patrick."*

Well, knowing her brother, the woman can only imagine what he named her newborns.

She takes a deep breath and asks

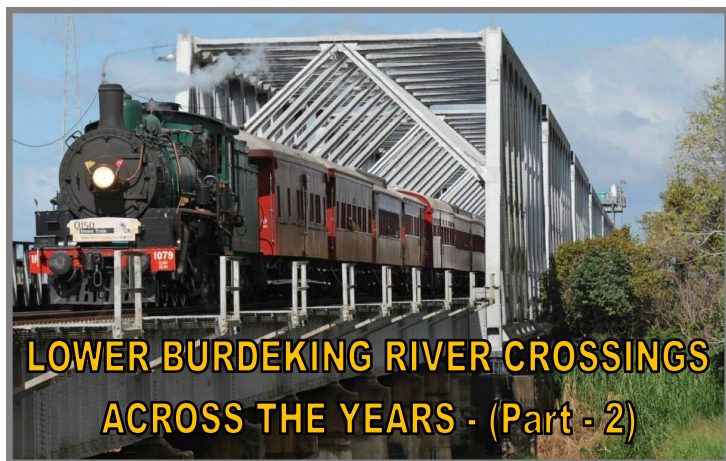
*"what did he decide to name my daughter?"*

*"Denise"* says the nurse. After thinking about it for a while, the woman decides she actually really likes the name Denise. Feeling a bit more optimistic, she asks,

*"What did Patrick name my son?"*

The nurse sighs and replies ***"Denephew."***





## LOWER BURDEKING RIVER CROSSINGS ACROSS THE YEARS - (Part - 2)

### A Railway line to Nowhere:

*A snippet from history.* This was built from Bowen to Wangaratta (now Bobawabba) south of Home Hill in 1891. It terminated at Bobawabba because the powers that be, could not decide whether the rail would go towards the goldfields of Ravenswood and Charters Towers connecting the Townsville – Reid River Charters Towers Railway line or go to the sugar towns of Ayr and Brandon. In 1901 a railway line was built from **Townsville-Stuart to Brandon-Ayr** to take the raw sugar to the Townsville Port.



Early photo Home Hill Railway Station

**Gibson's Crossing:** There was another crossing near the old railway bridge sometimes known as Gibson's Crossing. Robert Gibson had the farm next to this crossing. In 1905 when the river was high the Council ran a ferry from here.

**Gleeson's Crossing:** This crossing was named after Thomas Gleeson, a farmer, nearby. It was about six miles up the Burdekin from the railway bridge near Osborne State School.

**Hamilton's Crossing:** (15miles from Inkerman). This crossing was named after Frederick Hamilton who had the first "Burdekin Inn" in 1864 on the northern banks of the Burdekin.

The homestead on the southern side of the river was known as Rosedale, settled by

James Cassady and his family. In March 1864, William Hann found the cost of a ferry at this crossing to be very expensive £3.00. (Gateway to Golden Land Townsville to 1884 by Dorothy Gibson Wilde p17). In March 1870, a flood in the river washed away a punt used by Leichhardt Downs. Two swagmen were drowned here January 1901. (BC Saturday 12 Jan. 1901 p4).

**MacMillan's Bridge:** This bridge was at the mouth of the Bogie River near Millaroo was built in 1872 to take machinery and supplies to the goldfields of Ravenswood and beyond. It was used for about ten years and then again in the early 1900's for agistment of sheep from the west.

**Strathalbyn Crossing:** (Named after the property on the southern side of the river.) John McKinlay and Frederick Walker both used this crossing on their return from the Gulf after searching for the missing explorers, Burke and Wills. In the late 1950's early 1960's, the Truscott's who lived on this station came to Ayr and Home Hill via this crossing. In flood times, they would keep their vehicle on the Dalbeg side of the river and use a punt to come across the river.

**Burdekin Bridge: (once known as the High Level Silver Link)** was finished and officially opened 15<sup>th</sup> June, 1957. Planning for the bridge began in 1946 after World War 11 and took ten years to build. This bridge is a traffic bridge and also incorporates a railway bridge, effectively keeps Queensland Coastal towns and cities connected all year round. It connects the towns of Ayr and Home Hill near Inkerman Sugar Mill. The Bridge was listed as a National Engineering Heritage Landmark in October 2010.



Qld. Premier  
Vince Gair  
opened the  
bridge  
15 June 1957  
7000 people  
attended

Burdekin Bridge  
High Level Silver  
Link



Built on sand



Built on sand as the river bed at the crossing is made up of sand more than 50 metres deep. The bridge is supported by waterproof concrete caissons measuring 17m x 7.6m, sunk through the sand 30m below bed level.



Superstructure

The bridge superstructure consists of twenty-two approach spans and 10 main spans each spanning 76.2m long make up the overall bridge length of 1103m total weight being 7000 tons.



Burdekin Bridge construction 1955.

Construction cost \$6 million and at any one time more than 250 men across several trades worked on the project.



New Bridge, Burdekin River 1957



Burdekin Bridge 50th birthday

Maybe some of you could tell us a tale or two of when you crossed the river before the high level Burdekin Bridge of today was built, or using the Anabranh Bridge when the sugar line was used at the same time as the vehicles.

I thank the use of Trove for this information, Qld State Archives and Black Snow and Liquid Gold by John Kerr for information and photos.

*Glenis Cislowski*

*The Bridge was completed in 1957. Construction began 10 years earlier in 1947. At 1097 metres (3,600 ft) in length, it is one of the longest multi-span bridges in Australia and longer than Brisbane's Story Bridge or New South Wales's Hawkesbury River Railway Bridge. It is 46 metres shorter than Sydney's Harbour Bridge. Originally, it was thought that the bridge could not be built in its present location. No trace of rock could be found on which to build the bridge foundations. In 1946, two high-ranking Government engineers visited India to inspect a number of bridges built on sand foundations. The same technique was used for the Burdekin Bridge and it is the only bridge in Australia not built with a firm foothold.*



GF Options available in most things

Please ask our friendly Staff

### Hot Dogs Served with chips

#### Vegetarian dog

Veg hotdog , onion, mustard  
tomato sauce & cheese Veg

\$15

\$18

#### Hound dog

Dagwood dog , onion, mustard  
tomato sauce & cheese

\$15

\$18

#### Troppo

Dog, diced bacon, grilled pineapple  
BBQ sauce & cheese

\$15

\$18

#### New York

Dog, onion, saukraut, mustard  
tomato sauce & cheese

\$15

\$18

#### Aussie

Dog, diced bacon, onion  
tomato sauce & cheese

\$15

\$18

### Loaded Fries

Fries w/ gravy

\$10

Cheese, eshallots

\$12

Sour cream & Sweet chili GF

Bacon, cheese, eshallots & BBQ sauce GF

\$14

\$18

Pulled Pork, cheese

BBQ sauce & eshallots GF

\$16

### Wraps Served with chips

#### Sweet Chilli Chicken

Chicken tenders, avocado, red onion  
tomato, lettuce, sour cream, sweet chilli sauce

\$18

\$18

#### Fish & Calamari

Battered fish, calamari, tomato, red onion  
carrot, cabbage, tartare sauce

\$18

\$18

### "The Diner Brunch Special"

Haloumi, tomato, bacon, egg, kransky,  
mushrooms, salad leaves, balsamic glaze  
on a turkish roll

\$22

\$18

### Share Platters 4 people

#### Sliders & Chips

Beef & Pork sliders with chips

\$56

\$18

#### Nacho

Choose from the Nacho range

\$56

#### Chicken

Popcorn, nuggets, fingers, tenders, chips,  
potato gems, BBQ & tomato sauce, Aioli

\$56

\$10

\$10

\$10

\$10

#### Loaded Fries

Bacon, cheese, eshallots & BBQ sauce

\$50

### Burgers Served with chips or sweet potato fries

#### Beef Brisket

Brisket, red onion, lettuce  
tomato, mayo, sauce

#### Haloumi

Haloumi, avocado, red onion  
tomato, rocket, mayo Veg

#### Chicken Schnitzel

Schnitzel, salad leaves  
coleslaw, sweet chilli mayo

#### Steak Burger

Marinated steak, caramelised  
onion, BBQ sauce, cheese, red  
onion, carrot, tomato, lettuce

#### Bacon & Egg

Bacon, egg, onion, cheese, BBQ  
sauce, tomato, beetroot, lettuce,  
mayo

### Nacho's

#### Pulled Pork

Corn chips, pork, corn & tomato  
salsa, cheese, sour cream, BBQ  
sauce, chili, coriander GF

#### Chicken Fajita

Corn chips, chicken corn &  
tomato salsa, cheese, sour cream  
chili, coriander

#### Shredded Beef

Corn chips, beef, corn & tomato  
salsa, cheese, sour cream, chili  
coriander GF

#### Flamin Hot

Flamin hot chips, shredded chicken  
cheese, tomato salsa, sour cream  
eshallots, avocado

#### Refried Beans

Corn chips, refried beans, cheese  
tomato salsa, sour cream,  
eshallots, avocado Veg & GF

### Kids Deals Served with potato gems and popper

#### Nuggets (4)

#### Mini Cheese Burger

#### Mini Dagwood dog

#### Mini Hotdog